

Persona Professional Diploma in Counselling & Psychotherapy September 2025 – June 2027

Residential days are held at The Conforti Institute, Coatbridge, ML5 4JS Non-Residential Study Days are held at Persona, Grove House, Uddingston, G71 5PH Evening Sessions are held online

MODULE 1:

THEORY & PRACTICE OF THERAPEUTIC CHANGE SEPTEMBER 22ND – DECEMBER 13TH 2025

| | Registration & Induction Saturday August 23 rd 10.00am-1.00pm 2025 | Non-Residential |
|-------------|--|-----------------|
| Week 1 | Monday September 22nd 9.30 am – Friday September 26th 5.30 pm 2025 | Residential |
| Evening 1 | Wednesday October 1st 6.00 pm – 8.30pm 2025 | Online |
| Study Day 1 | Saturday October 11th 9.00 am – 5.30 pm 2025 | Non-Residential |
| Study Day 2 | Saturday October 25th 9.00 am – 5.30 pm 2025 | Non-Residential |
| Evening 2 | Wednesday November 5th 6.00pm – 8.30pm 2025 | Online |
| Study Day 3 | Saturday November 8th 9.00am – 5.30pm 2025 | Non-Residential |
| Study Day 4 | Saturday November 29th 9.00am – 5.30pm 2025 | Non-Residential |
| Evening 3 | Wednesday December 3rd 6.00pm – 8.30pm 2025 | Online |
| Study Day 5 | Saturday December 13th 9.00am – 5.30pm 2025 | Non-Residential |

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MODULE 2:

PERSONALITY THEORY, PSYCHOLOGICAL WELLBEING, PSYCHOPATHOLOGY

JANUARY 7TH - JUNE 14TH 2026

| Evening 4 | Wednesday January 7th 6.00pm – 8.30 pm 2026 | Online |
|--------------|--|-----------------|
| Week 2 | Monday January 12th 9.30 am – Friday January 16th 5.30pm 2026 | Residential |
| Study Day 6 | Saturday January 31st 9.00am – 5.30pm 2026 | Non-Residential |
| Evening 5 | Wednesday February 4th 6.00pm – 8.30pm 2026 | Online |
| Study Day 7 | Saturday February 14th 9.00am – 5.30pm 2026 | Non-Residential |
| Study Day 8 | Saturday February 28th 9.00am – 5.30pm 2026 | Non-Residential |
| Evening 6 | Wednesday March 4th 6.00pm – 8.30pm 2026 | Online |
| Study Day 9 | Saturday March 14th 9.00am – 5.30pm 2026 | Non-Residential |
| Evening 7 | Wednesday April 1st 6.00pm – 8.30pm 2026 | Online |
| Study Day 10 | Saturday April 18th 9.00am – 5.30pm 2026 | Non-Residential |
| Evening 8 | Wednesday May 6th 6.00pm – 8.30pm 2026 | Online |
| Study Day 11 | Saturday May 23rd 9.00am – 5.30pm 2026 | Non-Residential |
| Evening 9 | Wednesday June 3rd 6.00pm – 8.30pm 2026 | Online |
| Weekend 1 | Saturday June 13th and Sunday June 14th 9.00am - 5.30pm 2026 | Non-Residential |

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MODULE 3:

DIFFERENCE, DIVERSITY, INCLUSION, CLIENT ISSUES, REFLECTIVE PRACTICE
SEPTEMBER 7TH - DECEMBER 6TH 2026

| Week 3 | Monday September 7th 9.30 am – Friday September 11th 5.30pm 2026 | Residential |
|--------------|---|-----------------|
| Study Day 12 | Saturday October 3rd 9.00am – 5.30pm 2026 | Non-Residential |
| Evening 10 | Wednesday October 7th 6.00pm – 8.30pm 2026 | Online |
| Study Day 13 | Saturday October 17th 9.00am – 5.30pm 2026 | Non-Residential |
| Study Day 14 | Saturday October 31st 9.00am – 5.30pm 2026 | Non-Residential |
| Evening 11 | Wednesday November 4th 6.00pm – 8.30pm 2026 | Online |
| Study Day 14 | Saturday November 14th 9.00am – 5.30pm 2026 | Non-Residential |
| Evening 12 | Wednesday December 2nd 6.00pm – 8.30pm 2026 | Online |
| Weekend 2 | Saturday December 5th and Sunday December 6th 9.00am - 5.30pm 2026 | Non-Residential |



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MODULE 4: THE ROLE OF RESEARCH IN COUNSELLING JANUARY 6TH - JUNE 20TH 2027

| Evening 13 | Wednesday January 6th 6.00pm – 8.30pm 2027 | Online |
|--------------|--|-----------------|
| Study Day 15 | Saturday January 16th 9.00am – 5.30pm 2027 | Non-Residential |
| Evening 14 | Wednesday February 3rd 6.00pm – 8.30pm 2027 | Online |
| Study Day 16 | Saturday February 13th 9.00am – 5.30pm 2027 | Non-Residential |
| Study Day 17 | Saturday February 27th 9.00am – 5.30pm 2027 | Non-Residential |
| Evening 15 | Wednesday March 3rd 6.00pm – 8.30pm 2027 | Online |
| Study Day 18 | Saturday March 13th 9.00am – 5.30pm 2027 | Non-Residential |
| Evening 16 | Wednesday April 7th 6.00pm – 8.30pm 2027 | Online |
| Study Day 19 | Saturday April 17th 9.00am – 5.30pm 2027 | Non-Residential |
| Evening 17 | Wednesday May 5th 6.00pm – 8.30pm 2027 | Online |
| Week 4 | Monday May 10th 9.30 am – Friday May 14th 5.30pm 2027 | Residential |
| Evening 18 | Wednesday June 2nd 6.00pm – 8.30pm 2027 | Online |
| Weekend 3 | Friday June 18th 6.00pm – Sunday June 20th 5.30pm | Residential |