

Certificate in Clinical Supervision



SCAN ME



The CPD Standards Office

CPD PROVIDER: 23072

2025 - 2027

www.cpdstandards.com

Persona
Continued Professional
Development & Training

For all enquires please contact:

0330 202 0283

personacounselling.com

admin@personacounselling.com



Certificate in Clinical Supervision

The course is offered by Persona who have been delivering a BACP accredited counselling and psychotherapy diploma for 30 years designed to provide counsellors, psychotherapists and other professionals working within the helping professions with the opportunity to develop their knowledge, skill, self-awareness and professional competence to become effective, reflective, clinical supervisors.

The programme is founded on person-centred principles offering a collaborative, relational approach to supervision and supervisory practice and designed to support the development of practitioners from different theoretical orientations and modalities. The course incorporates the BACP Curriculum for Counselling Supervision and is informed by the Competence Framework for the Supervision of Psychological Therapies (Roth & Pilling 2008).

Designed for counsellors, psychotherapists and other professionals working within the helping professions. The course provides the opportunity to develop their knowledge, skill, self-awareness and professional competence to become effective, reflective, clinical supervisors.

This 10-day programme is delivered over six months, consisting of six modules. In addition to attendance on the programme, participants are expected to provide supervision to a number of qualified counsellors and to participate in peer group supervision meetings.

Starts:

January 23rd-July 17th 2027

Location:

Persona Training Centre,
Uddingston, G71 5PH.

Course Fees:

£1250 including £110 deposit

Flexible payment options available

Closing date for applications:

8th January 2027

Facilitated by:

Ishtar Swaffield
Clair Higgon
Janet Keogh

Course Objectives

To provide participants with a learning environment which offers:

- **a sound theoretical understanding of different models of supervision and the supervisory process**
- **the opportunity to practice and develop their supervisory skills**
- **the opportunity to integrate theory and skills into their own individual supervisory style**
- **the opportunity to reflect on their development with other experienced practitioners**
- **the opportunity to develop their understanding of the ethical and professional responsibilities of providing supervision in different contexts through discussion and dialogue with other experienced practitioners**
- **the opportunity to gain experience of individual and group supervision within and out with the context of the programme**

Course Structure

The programme is an in-person training consisting of 10 study days delivered over six months.

It is structured around seven modules with three 2-day study units, and four 1-day study units. In addition to attendance on the programme, participants are expected to provide supervision to a number of qualified counsellors (in-person and/or online) and to participate in peer group supervision meetings with their fellow students (in-person and/or online)



Course Overview

Module One: Saturday January 23rd & Sunday January 24th 9.30 – 4.30

Day 1: Introductions, the nature and purpose of supervision, establishing the supervisory relationship + individual supervision practice.

Day 2: Models of Supervision + individual supervision practice.

Module Two: Saturday February 6th 9.30 – 4.30

Day 3: Dynamics of the supervisory relationship, power & authority, feedback, challenge, ruptures + individual supervision practice.

x1 Peer Group Supervision Meeting (2 hours) before March 6th - date to be agreed with group

Module Three: Saturday March 6th and Sunday March 7th 9.30-4.30

Day 4: Professional Accountability, Supervision in different contexts and mediums, impact on supervisor & supervisee + Ethical responsibilities, issues and dilemmas

Day 5: Professional Accountability, competence, compatibility and fitness to practice + Group Supervision & audio recordings

x1 Peer Group Supervision Meeting (2 hours) before April 10th - date to be agreed with group

Module Four: Saturday April 10th 9.30-4.30

Day 6: Aspects of Supervision: Student Presentations

x 1 Peer Group Supervision Meeting (2 hours) before May 1st - date to be agreed with group

Module Five: Saturday May 1st and Sunday May 2nd 9.30-4.30

Day 7: Creating a facilitative group and supervision culture + Group Supervision & audio recordings

Day 8: Creative Approaches to Group Supervision + Group Supervision practice using creative approaches.

x1 Peer Group Supervision Meeting (2 hours) before June 5th - date to be agreed with group

Course Overview Cont'd...

Module Six: Saturday June 5th 9.30-4.30

Day 9: Difference, Diversity, Inclusion, Social, Cultural and Professional issues and the impact of different modalities + Group supervision

x1 Peer Group Supervision Meeting (2 hours) before July 17th - date to be agreed with group

Module Six: Saturday July 17th 9.30-4.30

Day 10: Presentation and Review of Case Studies. Presentation of Personal Statement of learning, development and competence Course Completion

Course Requirements

- Attendance of at least **80% of course contact hours, including Peer Group Supervision**. (Missed attendance to be made up by an agreed activity with course tutors)
- Completion of **20 hours of individual clinical supervision** offered by you and provided to members of your profession.
- Completion of a minimum of **10 hours of peer group supervision**
- Completion of **6 hours of individual supervision for supervision**, provided by a supervisor who is independent of the course
- Successful completion of all course requirements.

Successful completion of all course assignments includes:

- Maintenance of a Reflective Journal Work
- Maintenance and submission of a Clinical Portfolio
- A presentation about an aspect of supervision to your peers
- An audio recording of an individual supervision session with a supervisee (15 min section)
- The submission of a written Case Study reflecting on individual supervision with a supervisee
- Statement and Presentation of Learning and Development and Assessment of Competence

Full course attendance and completion of the course assignments will lead to the achievement of a Persona Certificate in Clinical Supervision.

Course Facilitators



**Ishtar
Swaffield**

Ishtar Swaffield is an educator/trainer/group facilitator/counsellor and supervisor who has been practising for longer than she cares to admit!

She has designed and delivered personal-professional development programmes for corporate and statutory organisations and has been programme director for the Persona Diploma in Counselling and Psychotherapy (BACP Accredited Course) for over 20 years.

Ishtar is Person-Centred therapist, (PCT Britain) has an MSc in Counselling and Psychotherapy and a Certificate in Clinical Supervision.



**Clair
Higgon**

Clair Higgon is a person centred counsellor, supervisor and trainer living and working mainly in Dumfries and Galloway. She gained her person centred diploma with PCT Britain in 1997 and supervision certificate with the same organisation in 2008. With a background in nursing and mental health she has worked in the NHS, Social work and third sector settings. In the past Clair has worked in both further and higher education settings. Now she has a portfolio of work that encompasses private practice, offering counselling to individuals and couples and supervision in person and online.

In her supervision practice she works with trained and training counsellors and third sector support staff. She also delivers a variety of training to local and national organisations. Clair works with the Persona diploma and supervision programme.



**Janet
Keogh**

Janet Keogh's counselling career began with drug & alcohol services across Edinburgh and the Lothians. Working in the community and prison settings, she worked with a number of different counselling modalities before finding herself, within the Person-Centred tradition. From there she worked for a number of years in peri-natal mental health, within the Voluntary Sector.

Currently she has her own private practice in East Lothian, where she sees clients and supervisees. She enjoys complementary therapies and gardening to relax, and finds joy in sharing books, music and films. She mostly enjoys spending time with her family and friends, and her dog, who all do their part in keeping her happy and grounded.

Entry Requirements & Application Process

The course expects participants to be able to draw on their own experience of supervised clinical practice and therefore it is important that individuals feel sufficiently competent and grounded in their orientation as a practitioner in order to gain maximum learning and development from the programme. With this in mind, applicants will have a **minimum 3 years of clinical practice**. This can include the clinical practice gained during your training to become a qualified practitioner with at least an **additional 150 hours** of supervised practice gained **post qualification**. Applicants are also required to be members of a Professional Association (e.g. BACP, Cosca, NCPS, UKCP), with relevant indemnity insurance.

Application Process:

If you are interested in the programme, please complete the Application Form and forward it to the Persona office, admin@personacounselling.com along with the name of someone who knows you in a professional capacity (ideally your supervisor) and is willing to provide a reference. There is no formal interview process, however, the course tutors may contact applicants if any questions arise from the application form.

Closing date for applications is 4pm Friday January 8th 2027.

Course Fees: £1,250.

This includes a deposit of £110 to secure a place on the programme. Fees can be paid in one payment or in 6 monthly payments of £190 (1st February – 1st July 2027)

**The programme will be limited to 12 participants.
Early applications are recommended to avoid disappointment.**



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"The Persona Supervision course was ideal for me. Clearly set out over several weekends over several months meant I had plenty time to complete any course work whilst also having sufficient time to learn and practice the material. The tutors are knowledgeable, approachable and really engaged in the course too which gave me a real feeling of equality rather than traditional tutor/ student dynamic."

LAURA, PREVIOUS STUDENT

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